



MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES
Basic EMT Practical Examination 3.7 - Cardiac Arrest Management

Station 1

Candidate Number	Description	Date	Examiner
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RESUSCITATION		Mark One	
WHILE FUNCTIONING AS FIRST RESCUER:		No Point	Point
1. Verbalizes or takes body substance isolation precautions		0	1
2. (While enroute to scene) Assembles bag-valve-mask device correctly		0	1
3. Connects device to oxygen supply		0	1
4. Turns on portable oxygen supply		0	1
5. Adjusts flowmeter to correct setting		0	1
6. Equipment prepared correctly (functioning & ready for use)		0	1
7. (On scene) Establishes unresponsiveness		0	1
8. Opens airway		0	1
9. Assesses breathlessness		0	1
10. Simulates insertion of oropharyngeal airway		0	1
11. Correct placement of face mask		0	1
12. Ventilates patient twice		0	1
13. Assesses pulselessness		0	1
14. Proper technique for delivering ventilations		0	1
15. Proper ratio (1 ventilation per 5 compressions delivered by partner)		0	1
WHILE FUNCTIONING AS SECOND RESCUER:			
16. Proper landmarking and hand placement		0	1
17. Compressions vertical and compression is equal to relaxation		0	1
18. Hands stay on sternum, no bouncing		0	1
19. Proper rate of compressions (80-100/min.)		0	1
20. Proper ratio (5 chest compressions each cycle)		0	1
21. Stops to allow partner to ventilate during each cycle		0	1
		Max. Points 21 TOTAL POINTS:	

Critical Criteria

- ☐ B-V-M not correctly assembled and functional with appropriate oxygen flow at time of application to patient
- ☐ Did not assess for breathlessness
- ☐ Did not assess for pulselessness
- ☐ Did not use correct technique for delivering ventilations
- ☐ Did not deliver ventilations using BVM
- ☐ Did not provide adequate chest compressions
- ☐ Did not demonstrate Airway-Breathing-Circulation in sequence
- ☐ Did not achieve $\geq 70\%$ point score (15 of 21 Points)

Comments:

STATION 1 CONTINUED ON REVERSE

Station
1:

Fail	Pass
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OFFICE OF EMERGENCY MEDICAL SERVICES
Basic EMT Practical Examination 3.7 - Cardiac Arrest Management

Station 1

Candidate Number	Description	Date	Examiner
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DEFIBRILLATION	Mark One	
	No Point	Point
1. Verbalizes or takes body substance isolation precautions	0	1
2. Directs rescuers to stop CPR	0	1
3. Assesses carotid pulse	0	1
4. Verbalizes pulselessness	0	1
5. Requests ALS	0	1
6. Directs rescuers to continue CPR	0	1
7. Demonstrates attachment or attaches defibrillator pads	0	1
8. Directs rescuers to stop CPR and clears patient	0	1
9. Turns unit on and analyzes rhythm	0	1
10. Confirms shock is indicated and presses "shock" button	0	1
11. Repeats analyze and shock sequence	0	1
12. Assesses carotid pulse	0	1
13. Directs rescuers to continue CPR for 60 seconds	0	1
14. Confirms effectiveness of CPR	0	1
15. Assures high concentration of oxygen administered using ventilatory adjunct	0	1
16. Verbalizes repetition of defibrillation sequence	0	1
17. Verbalizes transport as soon as possible	0	1
Max. Points 17		TOTAL POINTS:

Critical Criteria

- ☐ Did not evaluate the need for immediate use of SAED
- ☐ Did not verbalize activation of ALS at any time
- ☐ Did not direct initiation/resumption of ventilations/compressions at appropriate times
- ☐ Did not assure all individuals were clear of patient before delivering each shock
- ☐ Did not operate SAED properly (inability to deliver shock)
- ☐ Did not achieve $\geq 70\%$ point score (12 of 17 Points)

Comments:



MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES
Basic EMT Practical Examination 3.7 - Splinting

Station 2

Candidate Number	Description	Date	Examiner
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APPLICATION OF TRACTION SPLINT	Mark One	
	No Point	Point
1. Verbalizes or takes body substance isolation precautions	0	1
2. Assesses affected leg - Circulation, Sensation, Motor Function	0	1
3. Directs assistant to apply manual traction	0	1
4. Measures and adjusts splint to appropriate length	0	1
5. Inserts splint and positions correctly	0	1
6. Applies and secures proximal securing device	0	1
7. Padding applied under proximal securing device	0	1
8. Applies and secures distal securing device	0	1
9. Appropriate mechanical traction applied using splint	0	1
10. Manual traction maintained until relieved by mechanical traction	0	1
11. Support straps fastened & evenly spaced to support leg	0	1
12. Reassesses affected leg – Circulation, Sensation, Motor Function	0	1
13. Verbalizes securing of patient and device to long spine board	0	1
Max. Points 13		TOTAL POINTS:

START TIME:	
FINISH TIME:	
STOPPED:	<input type="checkbox"/> Yes <input type="checkbox"/> No

Critical Criteria

- ☐ Loss of traction at any time after it is assumed
- ☐ Did not assess distal circulation at any time
- ☐ The foot is excessively rotated or extended after splinting
- ☐ Did not secure the proximal securing device prior to mechanical traction
- ☐ Final immobilization failed to support the femur or prevent rotation of the injured leg
- ☐ Secured leg to splint before applying mechanical traction
- ☐ Inadequate mechanical traction at completion
- ☐ Excessive movement to injured extremity so as to compromise injury
- ☐ Did not achieve $\geq 70\%$ point score (9 of 13 Points)

Comments: _____

STATION 2 CONTINUED ON REVERSE

Station 2:	Fail	Pass
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MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES
Basic EMT Practical Examination 3.7 - Splinting

Station 2

Candidate Number	Description	Date	Examiner
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APPLICATION OF UPPER EXTREMITY SPLINT			Mark One	
Selected Injury Site: (Circle One)				
Scapula	Shoulder	Elbow		
Clavicle	Mid-Shaft Humerus	Wrist		
Mid-Shaft Forearm			No Point	Point
1.	Verbalizes or takes body substance isolation precautions		0	1
2.	Directs manual stabilization of injury		0	1
3.	Assesses affected extremity – Circulation, Sensation, Motor Function		0	1
4.	Proper selection of material		0	1
5.	Splints and/or cravats applied & positioned correctly		0	1
6.	No unnecessary movement or misalignment		0	1
7.	Any necessary padding in place		0	1
8.	Immobilization is adequate in relation to adjacent bones/joints		0	1
9.	Reassesses affected extremity – Circulation, Sensation, Motor Function		0	1
Max. Points 9			TOTAL POINTS:	

Critical Criteria

- ☐ Excessive movement to injured extremity so as to compromise injury
- ☐ Did not support the joint so as not to bear distal weight (for joint injury)
- ☐ Did not immobilize injury, limb, or bones above/below injured joint (for joint injury)
- ☐ Did not immobilize injury, limb, or joints above/below injured bone (for bone injury)
- ☐ Did not immobilize extremity that was assessed
- ☐ Did not assess distal circulation at any time
- ☐ Did not achieve $\geq 70\%$ point score (6 of 9 Points)

Comments:



MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES
Basic EMT Practical Examination 3.7 - Trauma Assessment/Management

Station 3A

Candidate Number	Description	Date	Examiner
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TRAUMA ASSESSMENT		Mark One	
SCENARIO USED: <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D <input type="checkbox"/> E <input type="checkbox"/> F <input type="checkbox"/> G <input type="checkbox"/> H		No Point	Point
1. Assesses scene and takes or verbalizes personal protection	START TIME: <input type="text"/>	0	1
2. Considers stabilization of spine (verbalize)		0	1
3. Determines responsiveness/level of consciousness		0	1
4. Airway & Breathing: Assessment		0	1
5. Airway & Breathing: Inserts oropharyngeal airway		0	1
6. Airway & Breathing: Initiates oxygen therapy and assures adequate ventilation		0	1
7. Airway & Breathing: Injury Management		0	1
8. Circulation: Assesses pulse		0	1
9. Circulation: Assesses for and controls major bleeding		0	1
10. Circulation: Assesses skin (color, temperature and condition)		0	1
11. Identifies priority patient/ Makes transport decision	TRANSPORT TIME: <input type="text"/>	0	1
12. Selects appropriate assessment (focused or rapid)		0	1
13. Obtains baseline vital signs		0	1
14. Obtains S.A.M.P.L.E. history		0	1
15. Head: Inspects and palpates the scalp and ears		0	1
16. Head: Assesses the eyes		0	1
17. Head: Assesses the facial area including oral and nasal area		0	1
18. Neck: Inspects and palpates the neck		0	1
19. Neck: Assesses for JVD		0	1
20. Neck: Assesses for tracheal deviations		0	1
21. Chest: Inspects		0	1
22. Chest: Palpates		0	1
23. Chest: Auscultates		0	1
24. Abdomen/Pelvis: Assesses the abdomen		0	1
25. Abdomen/Pelvis: Assesses the pelvis		0	1
26. Abdomen/Pelvis: Verbalizes assessment of genitalia/perineum as needed		0	1
27. Extremities: Assesses Right Leg		0	1
28. Extremities: Assesses Left Leg		0	1
29. Extremities: Assesses Right Arm		0	1
30. Extremities: Assesses Left Arm		0	1
31. Posterior Thorax		0	1
32. Posterior Lumbar area		0	1
33. Manages secondary injuries/wounds appropriately		0	1
34. Verbalizes reassessment of vital signs		0	1
Max. Points 34		TOTAL POINTS: <input type="text"/>	

Critical Criteria – Trauma Assessment

- ☐ Did not assess cervical spine
- ☐ Did not provide for spinal protection when indicated
- ☐ Did not provide high concentration oxygen
- ☐ Did not evaluate or find conditions of airway, breathing or circulation (hypoperfusion)
- ☐ Did not manage/provide airway, breathing, hemorrhage control or treat for shock (hypoperfusion)
- ☐ Did not differentiate patient's needing transportation versus continued on-scene survey
- ☐ Did other detailed physical examination before assessing airway, breathing, and circulation
- ☐ Did not make correct transport decision within 10 minute time limit
- ☐ Did not achieve $\geq 70\%$ point score (24 of 34 Points)

STATION 3 CONTINUED ON REVERSE

Station 3 (Parts A & B):

Fail	Pass
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MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES
Basic EMT Practical Examination 3.7 - Medical Assessment/Management

Station 3B

Candidate Number	Description	Date	Examiner
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MEDICAL ASSESSMENT		Mark One	
SCENARIO USED: <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C <input type="checkbox"/> D <input type="checkbox"/> E <input type="checkbox"/> F <input type="checkbox"/> G <input type="checkbox"/> H		No Point	Point
1. Assesses scene and takes or verbalizes personal protection		0	1
2. Considers stabilization of spine (verbalize)		0	1
3. Determines responsiveness/level of consciousness		0	1
4. Airway & Breathing: Assessment		0	1
5. Airway & Breathing: Inserts oropharyngeal airway, if indicated		0	1
6. Airway & Breathing: Initiates oxygen therapy and assures adequate ventilation		0	1
7. Circulation: Assesses pulse		0	1
8. Circulation: Assesses for and controls major bleeding		0	1
9. Circulation: Assesses skin (color, temperature and condition)		0	1
10. Identifies priority patient/ Makes transport decision		0	1
11. Assesses history of present illness: Signs & symptoms, past medical history, events		0	1
12. Assesses history of present illness: Allergies, medications, last meal		0	1
13. Assesses affected body part/system or, if indicated, verbalizes rapid assessment		0	1
14. Obtains baseline vital signs		0	1
15. Verbalizes interventions (verbalizes standing orders or obtains medical control)		0	1
16. Re-evaluates transport decision (verbalizes)		0	1
17. Verbalizes need for detailed physical examination		0	1
18. Repeats initial assessment (verbalizes)		0	1
19. Repeats vital signs		0	1
20. Repeats focused assessment re: patient complaint or injuries		0	1
21. Checks intervention(s)		0	1
Max. Points 21		TOTAL POINTS:	

Critical Criteria – Medical Assessment

- ☐ Did not obtain medical direction or verbalize standing orders for medication interventions
- ☐ Did not provide high concentration oxygen
- ☐ Did not evaluate or find conditions of airway, breathing or circulation (hypoperfusion)
- ☐ Did not manage/provide airway, breathing, or treat for shock (hypoperfusion)
- ☐ Did not differentiate patient's needing transportation versus continued on-scene survey
- ☐ Did other detailed physical examination before assessing airway, breathing, and circulation
- ☐ Did not achieve $\geq 70\%$ point score (15 of 21 Points)

Comments: _____



MASSACHUSETTS DEPARTMENT OF PUBLIC HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES
Basic EMT Practical Examination 3.7 - Spine Immobilization

Station 4

Candidate Number	Description	Date	Examiner
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PATIENT: ☐ Supine ☐ Seated
DEVICE USED: ☐ Long Spine Board ☐ Short Spine Board ☐ KED/XP -1/Other

SPINE IMMOBILIZATION		Mark One	
		No Point	Point
1.	Verbalizes or takes body substance isolation precautions	0	1
2.	Directs assistant to apply & maintain stabilization to head	0	1
3.	Assesses extremities: SENSATION	0	1
4.	MOTOR FUNCTION	0	1
5.	Applies cervical collar: APPROPRIATE TIME	0	1
6.	APPROPRIATE SIZE	0	1
7.	Inserts & positions spine immobilization device	0	1
8.	Secures torso to spine immobilization device	0	1
9.	Uses proper strapping method	0	1
10.	Secures head to device	0	1
11.	Head maintained in neutral position	0	1
12.	Reassesses extremities: SENSATION	0	1
13.	MOTOR FUNCTION	0	1
Max. Points 13		TOTAL POINTS:	

START TIME:	
FINISH TIME:	
STOPPED:	<input type="checkbox"/> Yes <input type="checkbox"/> No

Critical Criteria - Spine Immobilization

- ☐ Did not apply cervical collar prior to securing torso or head to spine immobilization device
- ☐ Cervical collar deformed by strap or not applied as to be effective
- ☐ Secured directly under chin as to compromise airway
- ☐ Did not adequately secure torso to device
- ☐ Did not adequately secure head to device
- ☐ Secured head to device prior to securing of torso to device
- ☐ Patient manipulated or moved excessively causing potential spine compromise
- ☐ Released or ordered release of manual stabilization before head is secured to device
- ☐ Did not achieve $\geq 70\%$ point score (9 of 13 Points)

Comments: _____

Station 4:

Fail	Pass
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